



Infection Prevention & Control

MRSA Treatment Guidance

Octenisan®

(inc. Mupirocin 2% Nasal Ointment)

Patient Name:

Hospital number:

Dear Patient

Your MRSA swabs have shown you are colonised, or have previously been colonised, with MRSA. This means you have MRSA on your skin and/or in your nose, but this is currently causing you no harm.

You have been provided with the treatment you need to clear the MRSA. Please follow the instructions carefully to maximise successful treatment and fill in the daily treatment tables below.

To help keep you safe in hospital, you have been given a bottle of special soap to wash with every day before you come in?. This helps remove bacteria from your skin and may reduce the risk of infection.

Start using Octenisan® 5 days before your admission date.

If you are admitted as an inpatient, you will be re-screened for MRSA? in hospital.

If you are unsure what to do, or need help washing, please contact the team giving the treatment or ask a member of staff when they give you the treatment.

To be completed by patient daily during treatment:

Octenisan® Body wash	Day 1	Day 2	Day 3	Day 4	Day 5
	Date:	Date:	Date:	Date:	Date:
	Initials:	Initials:	Initials:	Initials:	Initials:

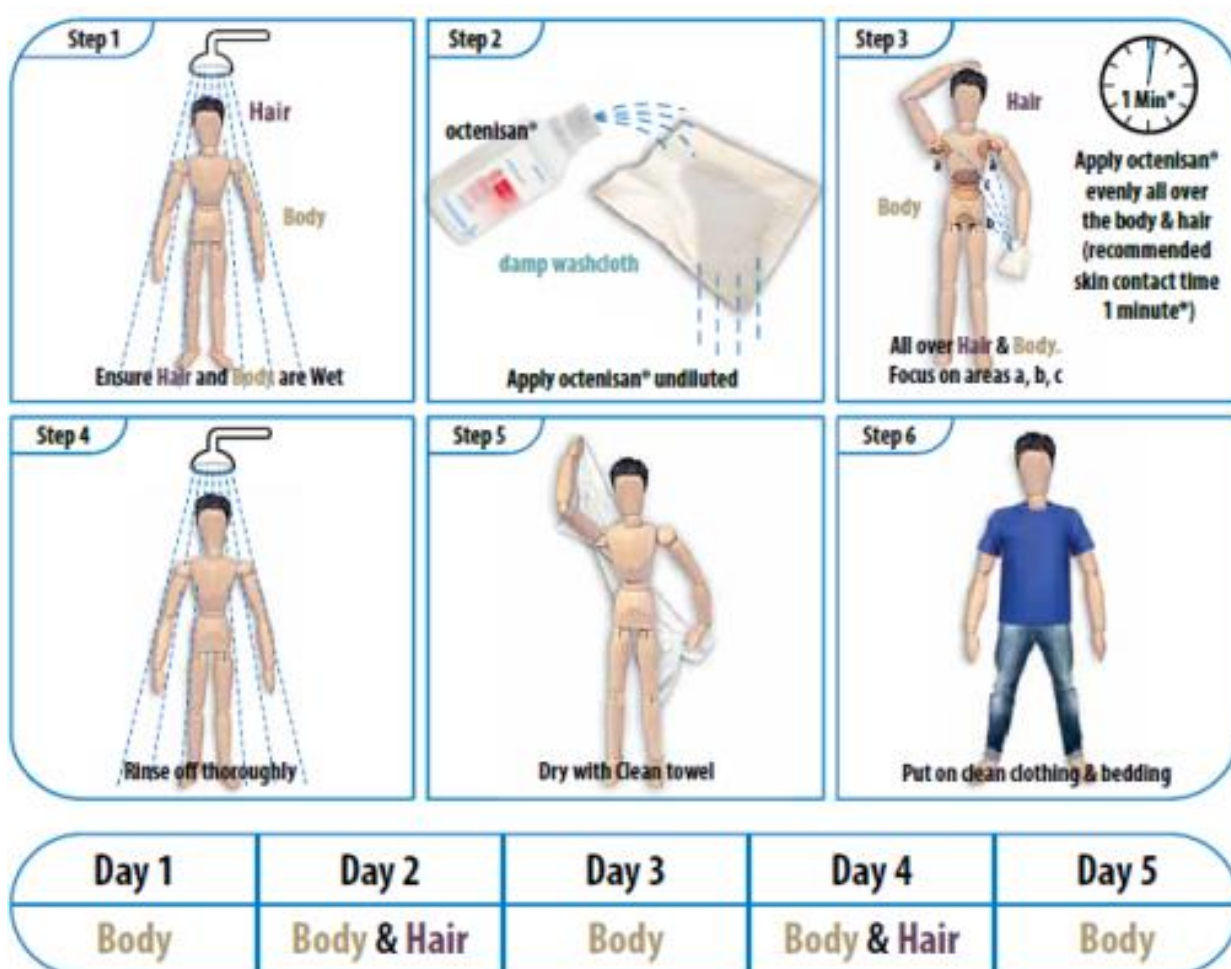
Octenisan® 5-day antimicrobial wash protocol:

For showering or hair washing, simply use Octenisan® in the same way as other shampoo and body wash.

- You should wash your body every day and hair on alternate days, as detailed below.
- Apply Octenisan® undiluted onto a disposable clean, damp washcloth, of which you are the only user.
- Apply evenly all over your body and hair, leave for one minute and wash off.

It is important to leave the Octenisan® on your body for the recommended **one minute** before washing off.

Please see the pictured diagram below for extra guidance.



To be completed by patient daily during treatment:

Nasal Ointment		Day 1	Day 2	Day 3	Day 4	Day 5
		Date:	Date:	Date:	Date:	Date:
	Morning	Initials:	Initials:	Initials:	Initials:	Initials:
	Afternoon	Initials:	Initials:	Initials:	Initials:	Initials:
	Evening	Initials:	Initials:	Initials:	Initials:	Initials:

Mupirocin 2% Nasal Ointment (Bactroban®)

Please read the Patient Information Leaflet included in the box with the Bactroban® nasal ointment before you begin to use it.

Apply to the inside of both nostrils 3 times a day for 5 days. The nasal ointment is to be applied to each nostril as described in the Patient Information Leaflet.

Following application of the nasal ointment to the inside of the nostrils, it is important that the outside of the nose is massaged well. This will ensure the treatment is effective. You may be able to taste the nasal ointment.

If being treated at home, please bring any remaining Octenisan® bodywash and or Mupirocin 2% nasal ointment into hospital with you.

Contact Numbers:

We hope that you have found this information useful. If you have any questions or are worried about anything, please speak to the following Dorset County Hospital Staff:

Pre-assessment Team on **01305 254222**
 Infection Control Team on **01305 253279**

About this leaflet:

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If you have feedback regarding the accuracy of the information contained in this leaflet, or if you would like a list of references used to develop this leaflet, please email pals@dchft.nhs.uk



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