



Paediatric Department

Paediatric Allergy Service



Paediatric Allergy Clinic

Our paediatric allergy clinic offers a full allergy evaluation for children and young people aged 0-18yrs.

We see children/young people with singular or multiple allergies and aim to give them a full allergy assessment in a one-stop clinic. This will include assessment from a doctor or allergy specialist nurse, allergy testing, review with a dietitian and training with adrenaline devices if required.

Referrals

We accept referrals from Consultants or GPs across West Dorset.

Your child might come to allergy clinic because of:

- A food allergy (IgE-mediated (immediate type) only unless multiple non IgE (delayed type) or having an impact on growth)
- Anaphylaxis (severe allergic reaction)
- Oral allergy syndrome
- Venom allergy
- Drug allergy
- Allergy-related skin disorders, such as eczema, urticaria and angioedema (hives and swelling), and hayfever (allergic rhinitis).

We look after children/young people with allergies throughout their childhood as they grow and their immune system matures, and we provide support to their families through these changes until the child is ready to transition and move to adult services.

Allergy Testing

We provide **skin prick testing** which involves putting a droplet of liquid on your child's skin which contains the allergen of the substance they may be allergic to, and then introducing this under the skin with a small prick.

We also carry out **food challenges** where required, to aid with diagnosis or to see if your child has grown out of a previously diagnosed allergy.

Our Team

Dr Philip Wylie - Paediatric Consultant with an interest in allergy

Dr Ruth Newman – Paediatric Consultant with an interest in allergy

Juliet Lyus – Paediatric Allergy Nurse Specialist

Paula Bull - Paediatric Secretary

Contact Numbers

We hope that you have found this information useful. If you have any questions or are worried about anything, please speak to the following Dorset County Hospital Staff:

Allergy Nurse Specialist: Juliet Lyus01305 254279Consultant: Dr Wylie (Secretary)01305 253331Consultant: Dr Newman (Secretary)01305 253331

Feedback

<u>Families, Children and Young People or Professionals</u>: If you would like to give us feedback on our Paediatric Community or Specialist Nursing Service, please complete our patient related experience survey: https://dchft.onlinesurveys.ac.uk/paediatric-specialist-and-community-nurses-questionnaire



Thank you.

Useful websites:

Healthier Together: <u>www.what0-18.nhs.uk</u>

Allergy UK: <u>www.allergyuk.org</u>

Anaphylaxis UK: <u>www.anaphylaxis.org.uk</u>

BSACI: <u>www.bsaci.org</u>

About this leaflet

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If you have feedback regarding the accuracy of the information contained in this leaflet, or if you would like a list of references used to develop this leaflet, please email pals@dchft.nhs.uk



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